



"Empowering Indian Youth for Manifesting Immense Positive Possibilities"

**A National Workshop on Youth Empowerment
bringing together the Insights, Experiences & Best Practices from
Neuroscience Professionals, Youth Leaders, Academicians & Adhyatma
Practitioners,
and
commemorating the 125th Anniversary of the Inspiring Speech
Delivered by Swami Vivekananda to Humanity at large at the
World Parliament of Religions, Chicago.**

**Date: Saturday 15 September 2018
Venue: Madras Management Association Auditorium, off Anna Salai,
Chennai**

**Organised by
Vivekananda Janoththana Trust®
in collaboration with
Ramakrishna Math, Chennai**

Executive Summary

Ramakrishna Math Chennai, in association with Vivekananda Janoththana Trust® is conducting a "National Workshop on Empowerment of Youth" at Madras Management Association on September 15th, 2018. This Trust comprises long-standing devotees and volunteers of Ramakrishna Movement and professionally they come from a research and academia/industry background with vast experience.

Current youth in India were once seen to be a big demographic dividend but the reality turning out is that most do not have any employable skills and therefore are getting caught in anarchic situations. It is here that Swami Vivekananda's messages are so relevant but we need to understand the youth and their challenges better. Of these many challenges that can be classified, there is one critical part where the deeper understanding between the practitioners of Vedanta and Yoga on one side and that of Neuroscience on the other as well as popular youth leaders and key educators, will certainly help in empowering our youth with the message of Swami Vivekananda in a substantial way.

This workshop is very focused and fully curated with eminent speakers from above disciplines, primarily sharing their insights, experiences, best practices and case studies. The participants, including academicians, NGO leaders, researchers, and industry professionals are carefully screened for their prior experience in molding and influencing youth as part of their accomplishments. Additionally, articulate students from top professional institutions, inclined to Swami Vivekananda's call to humanity are being identified and invited.

We have eminent Swamis, Neuroscientists, Academicians, and Youth Leaders come together, share their experiences and expertise on these above topics. Pujya Srimat Swami Gautamananda ji Maharaj, Vice President of Ramakrishna Math and Mission has graciously accepted to inaugurate this workshop and deliver the benedictory address. Eminent invited speakers and panelists include Srimat Swami Atmapriyananda ji, Swami Narasimhananda ji, Swami Mahamedhananda ji, Swami Paramasukhananda ji, Pravrajika Divyanandaprana Mataji sharing spiritual sadhana insights; Prof BN Gangadhar, Dr Lakshmi Narasimhan, Dr Ravindra, Dr Nishanth, and Prof Gopikrishna Deshpande—practising Neuroscience specialists, sharing latest research results relevant for better youth wellness; Youth leaders like Sri Sulibele Chakravarthi, Dr Arathi V, Sri Sathyakumar; as also eminent Academicians like Prof Devendra Jalihal and Prof Vijayalakshmi from IIT Madras share their mentoring expertise. All speakers will share their experiences and best practices bringing together the five perspectives of Dharma, Neuroscience, Youth leadership, Mentoring, and Studentship on the contemporary problems, issues and challenges facing Indian youth as well as approaches to resolve them.

Programme Schedule : Saturday 15 September 2018

All Speakers have confirmed. The order of the talks is subject to change.

0730 AM : Registration

0815 AM : Welcome & Inauguration with Vedic Chanting

0825 AM: Benedictory address:



Srimat Swami Gautamananda ji,
Vice President Ramakrishna Math & Mission,
Adhyaksha Ramakrishna Math Chennai

0845 AM : Inaugural Keynote Address:



“Confronting Youth Addictions for Holistic Wellness “
Professor BN Gangadhar,
Director NIMHANS

0915 AM : Inaugural Keynote Address:



“Challenges Empowering the Indian Youth through Vedanta”
Swami Atmapriyananda ji,
Vice Chancellor Vivekananda University

0945 AM: Keynote Address:



“Plasticity of Brain & Moulding Youth Character the Indic way”
Prof Gopikrishna Deshpande,
Auburn University (Video Interaction)

1005 AM: Coffee/ Tea Break

1020 AM: Keynote:



“Motivating Youth for National Reconstruction
– The YuvaBrigade Experiences”
Sri Sulibele Chakravarti, Noted Speaker & Columnist

1040 AM: Keynote:



“Building the Vivekananda Vibrancy in the Contemporary Youth’s Life”
Swami Narasimhananda,
Editor, Prabuddha Bharata, Mayavati, Uttarakhand

1100 AM: Keynote:



“Successfully Breaking & Changing Habits – A Neuroscience Perspective”
Dr Ravindra PN,
Professor Gadag Medical College, Karnataka

1120 AM: Keynote:



“Nurturing Indic Young Women for Societal Harmony & Progress through Yoga ”
Dr Arathi VB,
Vibhu Academy, Bengaluru

1140 AM: Keynote:



“Channelising Youth for Entrepreneurial Skills, Talent & Productivity”
Professor Devendra Jalihal,
Chairman Dept of EE, IITM

1200 PM: Panel Discussion:

“What works for Contemporary Youth in their Self Development?”
Panelists: Speakers in the morning session Moderator: Dr TS Mohan

0115 PM: Lunch Break – Saatvic Working Lunch

0200 PM: Plenary Keynote:



“Enabling Youth manage Aggressions & Attacks - Fear, Panic, Epileptic, etc”
Prof R Lakshmi Narasimhan,
Director, Institute of Neurology, Madras Medical College, Chennai

0230 PM: Keynote:



“Vedantic Secrets of Aspirationally Successful Indian Youth”
Swami Paramasukhananda,
Ramakrishna Math, Chennai



0250 PM: Keynote:

“Overcoming dark moods & depression for holistic creativity using empathy”
Dr Nishanth Sampath,
Clinical Neurophysiology, SIMS, Chennai

0310 PM : Coffee/Tea Break



0325 PM : Keynote:

“Gems of Wisdom from Indic Heritage that works for our Young Women”
Pravrajika Divyanandaprana Mataji,
Principal Nivedita Vidya Mandir, New Delhi



0345 PM: Keynote:

“Enabling Youth for prolific Problem Solving – A design thinking approach”
Sri Sathya Kumar,
Vivekananda Institute of Leadership & Governance



0405 PM: Keynote:

“Why careers are passe & varied multiskilling the future for Indian Youth”
Professor Vijayalakshmi,
Dept of Management Studies, IIT Madras



0425 PM: Keynote:

“Sustaining focused efforts in midst of time pressures & distractions for Students”
Swami Mahamedhananda,
Editor, Vedanta Kesari, Ramakrishna Math, Chennai

0445PM: Valedictory Panel Discussion:

“Forging Youth Empowerment through Leveraging of Vedanta, Yoga & Neurosciences”

Panelists: Speakers in the afternoon session Moderator: Dr T S Mohan



0600 PM: Valedictory Keynote Speech:

“Applying the Learnings from NWEY2018”
Swami Vimurtananda
Ramakrishna Math Chennai

0615 PM: Plenary Conclusions : Dr TS Mohan

0625 PM: Vote of Thanks

0630 PM: Workshop closure.

Registration Details: Registration is by invitation and will entail a very nominal fee of Rs 500/- for students. Rs 750/- for NGO leaders, Rs 1000/- for faculty, and Rs 2000 for professionals and others.

While Admission to this workshop is by invitation only, we hope to have a broad but a deeply interested and qualified audience that can potentially or is actively contributing to nurturing the India based ecosystem in Vedanta, Yoga, and Neurosciences.

Kindly **pre-register** here at the earliest & we will send you an invite : <https://rkmath.in/nwey18form> **Seats Limited**
KINDLY PRE-REGISTER ON OR BEFORE 8TH SEPTEMBER 2018

For further details, kindly get in touch with: The Managing Trustee, Vivekananda Janoththana Trust
Email: vj.trust@gmail.com or tsm.t696@gmail.com

About Vivekananda Janoththana Trust

www.vivekananda-janoththana.org

The Vivekananda Janoththana Trust (VJT) is a group of professionals & citizens with deep interests in youth development and Indic studies. We are drawn from various walks of life, seeking to enable and nurture world class Indian scholarship, objectively, in all matters of the hoary contributions of Early Indian Civilization. As part of its broad charter, VJT hopes to leverage such workgroups and their efforts to reach a larger audience for the holistic development of Indian Youth.